
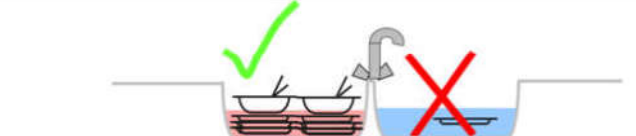
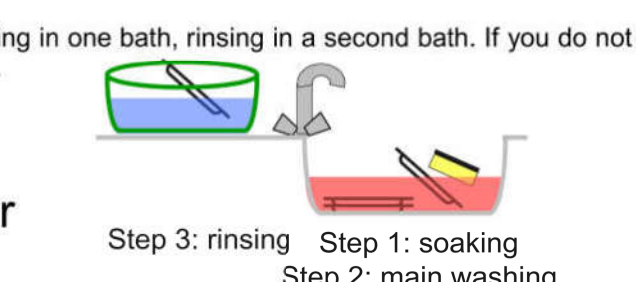
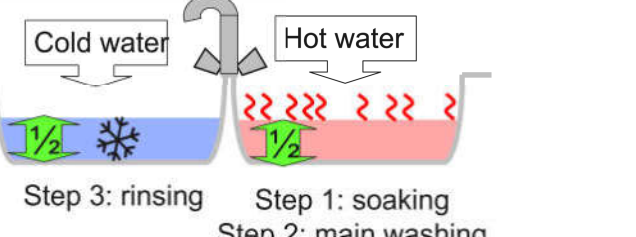

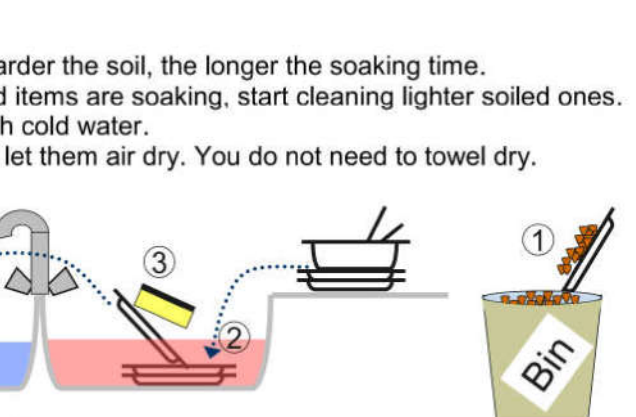
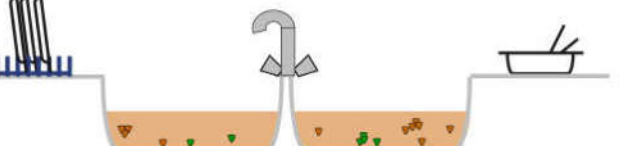


Recommended Best Practice Manual Dishwashing Method

<p>Tip 1 Wash up in sinks filled with water. Avoid washing up under running tap water.</p>	
<p>Tip 2 Collect some items to make sink washing efficient, do not wash up single items.</p>	
<p>Tip 3 Wash up in three steps: Soaking and main washing in one bath, rinsing in a second bath. If you do not have a second sink, you can replace it by a basin.</p>	 <p style="text-align: center;">or</p>
<p>Tip 4 Fill two sinks half with water: The sink for soaking and main washing with hot water, the sink for rinsing with cold water.</p>	
<p>Tip 5 Detergent: Add the detergent AFTER water let in. Dilute detergent, but avoid foam production because the foam restrains soil residuals and a fat film.</p>	
<p>Tip 6: Washing up process</p> <ol style="list-style-type: none"> 1 Dispose of food leftovers into the bin. 2 Soaking: In the sink with hot water; the harder the soil, the longer the soaking time. 3 Main wash: While some of the hard soiled items are soaking, start cleaning lighter soiled ones. 4 Rinsing: Short dunking in second sink with cold water. 5 Drying: Place the dishes in a dish rack to let them air dry. You do not need to towel dry. 	
<p>Tip 7 Change the water if you feel it is too dirty. For example, if the foam emerging while washing up is collapsing again.</p>	

Source: Fuss, Natalie Anna. *PhD Dissertation: Determination And Verification Of Possible Resource Savings In Manual Dishwashing*. Bonn University, Germany (2011), p38.